

Health Facilities @ SSU

Vision:

To provide comprehensive, accessible, and preventive healthcare services to all students, faculty, staff, and visitors, ensuring a healthy, safe, and supportive campus environment that promotes physical and mental well-being.

Key Health Facilities at SSU:

- 1. On-Campus Health Clinic:**
 - Fully equipped with general physicians and nursing staff.
 - Provides primary healthcare, routine check-ups, and first aid services.
 - Open during university working hours with emergency contact available 24/7.
- 2. Medical Emergency Services:**
 - Tie-ups with nearby hospitals and ambulance services for urgent medical care.
 - Rapid response mechanism for accidents or medical emergencies on campus.
 - Trained staff in CPR, basic life support, and emergency response.
- 3. Preventive Health Services:**
 - Periodic health check-ups for students, faculty, and staff.
 - Vaccination drives as per government health guidelines.
 - Health awareness campaigns on hygiene, nutrition, and lifestyle management.
- 4. Mental Health & Counseling Services:**
 - Qualified counselors and psychologists available for student support.
 - Focus on stress management, anxiety, depression, and academic-related counseling.
 - Workshops and seminars on mental wellness, mindfulness, and emotional intelligence.
- 5. Health Education & Awareness Programs:**
 - Awareness drives on communicable diseases, substance abuse, sexual health, and reproductive health.
 - Programs to promote physical activity, healthy diets, and personal hygiene.
- 6. Health & Safety Infrastructure:**
 - Clean drinking water, sanitation facilities, and hygienic cafeteria standards.
 - Safety protocols for laboratory work, workshops, and campus activities.
 - First aid kits and automated external defibrillators (AEDs) across the campus.
- 7. Collaboration with Hospitals and Health Agencies:**
 - Tie-ups with local hospitals for specialized care and diagnostic services.
 - Health camps organized in collaboration with government and private health agencies.
 - Referral services for advanced treatments not available on campus.
- 8. Health Monitoring & Reporting:**
 - Maintenance of individual health records for students and staff.
 - Regular reporting of health data to administration for planning and interventions.
 - Periodic evaluation of health services for continuous improvement.

Behauby,
Registrar
Sikkim Skill University
Sikkim



Future Plans (Next 10 Years):

- Establish a **full-fledged University Hospital/Medical Center** on campus with inpatient and outpatient services.
- Introduce **telemedicine facilities** for remote consultation and follow-ups.
- Develop **special wellness programs** for stress relief, yoga, meditation, and physical fitness.
- Implement a **campus-wide digital health management system** to track health records, appointments, and emergencies.
- Conduct **research and community outreach programs** on public health, nutrition, and preventive care.

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